



Delhi Public School Nashik

Academic year 2018-19

Syllabus

for

GRADE: - XII Humanities

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Delhi public school Nasik
Yearly Syllabus for the year 2018-19
Grade XII – English

Month	Syllabus/chapter	Activities	Writing Skills	Examination
March	The Last Lesson (Flamingo)	Find out about the following: Linguistic human rights and Constitutional guarantees for linguistic minorities in India		
	My Mother At Sixty-Six(Flamingo)	Discussion: Ageing is a natural process; have you ever thought what our elderly parents expect from us?		
April	The Tiger King(Vistas)	Discussion: ‘ What is the general attitude of human beings towards wild animals?’	Reading Comprehension passage. Notice Writing. Advertisement. Speech writing.	
	The Enemy(Vistas)	Find out: How do geological phenomena help us to know about the history of humankind?		
	Novel: The Invisible Man: Introduction to the novel and novelist; Chapter 1 and 2	Discussion		
May	Lost Spring(Flamingo)	Discussion: The dreams of the poor and the reality. Problems of Child labour.	Note making and summarisation.	
	The Enemy (Vistas)			
June	Deep Water(Flamingo)	Gathering information on water sports	Article Writing	Pre Mid Term: The Last Lesson. My Mother At Sixty-Six. The Tiger King. Lost Spring. Novel: The Invisible Man: Chapter 1 and 2
	An Elementary School.....(Flamingo)(Poem)	Visit to an elementary school in a slum	Invitations and replies.	
	The Enemy(Vistas)	.		
	Novel: The Invisible Man: Chapter 3 to 8.	Discussion		
July	The Rat Trap(Flamingo)	Group Discussion: Human emotional needs and human behaviour.		

	Indigo(Flamingo)	Project: Bhopal gas Tragedy Or Narmada dam project in which lives of the poor have been affected. Find the facts of the case, present your arguments, suggest a possible settlement.		
	Should wizard hit Mommy(Vistas)	Discussion: Why is an adult's perspective on life different from that of a child's?	Letter of Enquiry	
	Novel: The Invisible Man: Chapter 9 to 15..	Discussion	Poster Making	
	Going Places(Flamingo)	Discussion: On a subject of immediate relevance to the life of school-leavers.	Report Writing.	
	A Thing of Beauty(Flamingo)(Poem)	Discussion: What pleasure does a beautiful thing give us? Are beautiful things worth treasuring?	Factual description.	
	On the face of it(Vistas)	Activity: Use your imagination to suggest another ending to the story.		
August	Novel: The Invisible Man: Chapter 16 to 21.	Discussion		
September	Aunt Jennifer's Tigers(Flamingo)(Poem)	Discussion: Other poems on tigers	Letter of Complaint, Order, Job Applications	Half Yearly exam: Lost Spring. Deep Water. The Enemy. An Elementary School.... The Rat Trap. Indigo. Should wizard hit Mommy. Novel: Chapter 3 to 15.
	Evans Tries an O-level	Discussion: Should criminals in prison be given the opportunity of learning and education?		
	Memories of Childhood	Discussion: It may take a long time for oppression to be resisted, but the seeds of rebellion are sowed early in life. Do you agree that injustice in any form cannot escape being noticed even by children?		
	Novel: The Invisible Man: Chapter 22 to 24.	Discussion		
October	Novel: The Invisible Man: Chapter 25 to 28.	Discussion		
November	Revision			

December	Revision			Post Mid Term: Going Places. A Thing of Beauty. On the face of it. Aunt Jennifer's Tigers. Evans Tries an O-level. Memories of Childhood. Novel: Novel: Chapter 16 to 21.
				Pre Board 1: Complete syllabus From the books Flamingo and Vistas. Novel: Chapter 1 to 28.
January	Revision			Pre Board 2: Complete Syllabus From the books Flamingo and Vistas. Novel: Chapter 1 to 28.
	Novel: The Invisible Man	Recapitulation of Novel: Discussion of theme, plot and characters.		



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Yearly Syllabus for the year 2018-19
Grade XII – Psychology

Month	Name of the chapter	Test
March	Chpt.1-Variations in psychological attributes	
April	Chpt.2-Self and personality Chpt .3-Psychological Disorders.	
May	Chpt.3-Psychological Disorders.	
June	Chpt.4-MeetingLife Challenges.	Pre Mid-Term:- 25.06.2018 TO 29.06.2018 Chapter 1 to 4.
July	Chpt 5.Therapeutic Approaches. Chpt.6-Attitude and Social cognition.	
August	Chpt 7-Social influence and group processes. Chpt.8-Psychology and life.	
September	Chpt.9-Developing psychological skills.	Half Yearly:- 17.09.2018 TO 27.09.2018 Chapter 1,2,3,4,5,6,7.
October	Revision	
November	Revision	Post Mid-Term:- 26.11.2018 TO 30.11.2018 Chapter 5,6,7,8,9.
December	Pre-board	Pre Board 1:- 17.12.2018 TO 21.12.2018 Full portion
January	Pre-board	Pre Board 2:- 25.01.2019 TO 31.01.2019. Full portion.
February	Final Exams.	



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Yearly Syllabus for the year 2018-19
Grade XII Political Science

Month	Topic		Test Syllabus
	Book 1 - Politics in India Since Independence	Book 2 - Contemporary World Politics	
March	Chp1. Challenges of Nation Building Chp2. Era of One-party Dominance	Chp 1. The Cold War Era	
April	Chp 2. Era of One-party Dominance Chp 3. Politics of Planned Development	Chp 2. The End of Bipolarity	
May	Chp 4. India's External Relations	Chp 3. US Hegemony in World Politics	
June	Chp 4. India's External Relations Chp 5. Challenges to and Restoration of the Congress System	Chp 3. US Hegemony in World Politics	Pre Mid-Term:- 25.06.2018 TO 29.06.2018 Book 1 : Chp 1,2, 3 Book 2. Chp 1, 2
July	Chp 6. The Crisis of Democratic Order Chp 7. Rise of Popular Movements	Chp4. Alternative Centres of Power Chp5. Contemporary South Asia	
August	Chp 8. Regional Aspirations	Chp6. International Organisations Chp 7. Security in the Contemporary World	
September	Chp 9. Recent Developments in Indian Politics	Chp 8. Environment and Natural Resources Chp 9. Globalisation	Half Yearly:-17.09.2018 TO 27.09.2018 Book 1: Chp. 1,2,3,4,5 Book 2: Chp. 1,2,3,4,5
October	Revision		
November	Revision		Post Mid-Term:- 26.11.2018 TO 30.11.2018 Part 1: Chp: 6,7,8,9 Part 2: Chp. 6,7,8,9
December	Pre- Board 1		Pre Board 1:- 17.12.2018 TO 21.12.2018 (full Portion)
January	Pre- Board 2		
February	Final Board Papers		



Delhi public school Nasik

Yearly Syllabus for the year 2018-19

Grade XII Economics

Month	Topic		Test
	Micro Economics (Part 1)	Macro Economics (Part 2)	
March	Chp1. Introduction of Micro Economics	Chp 1. Introduction Chp 2. National Income Accounting	
April	Chp2. Theory of Consumer Behavior	Chp 2. National income accounting	
May	Chp2. Theory of Consumer Behavior	Chp 3. Money and Banking	
June	Chp 3. Production and Cost	Chp 3. Money and Banking	Pre Mid-Term:- 25.06.2018 TO 29.06.2018 Part 1 : Chp 1,2, Part 2. Chp 1, 2
July	Chp 4. The theory of firm under Perfect competition	Chp4. Income Determination	
August	Chp 5. Market Equilibrium	Chp 5. The government budget and economy Chp 6. Open Economy Macro economics	
September	Chp 6. Non- Competitive Markets	Chp 6. Open Economy Macro economics	Half Yearly:-17.09.2018 TO 27.09.2018 Part 1: Chp. 1,2,3,4,5 Part 2: Chp. 1,2,3,4
October	Revision		
November	Revision		Post Mid-Term:- 26.11.2018 TO 30.11.2018 Part 1: Chp: 4,5,6 Part 2: Chp. 4,5,6
December	Pre- Board 2		Pre Board 1:- 17.12.2018 TO 21.12.2018 (full Portion)
January	Pre- Board 3		Pre Board 2:- 25.01.2019 TO 31.01.2019 (full Portion)
February	Final Board Papers		



Delhi public school Nasik
Yearly Syllabus for the year 2018-19
Grade XII Informatics Practices

Month	Topic/chapter	Exam Syllabus
March	Ls. 1 Computer Networking Ls. 2 Open Source Concepts	
April	Ls. 3 Java GUI Programming Revision Tour-I Ls. 4 Java GUI Programming Revision Tour-II Ls. 5 Java GUI Programming Revision Tour-III Ls. 6 More about Classes and Libraries	
May	Ls. 7 Concept of Inheritance	
June	Ls. 8 Database Connectivity of MySQL Ls. 9. Web Application Development	
July	Ls. 10 HTML-I Basic HTML Elements Ls. 11 HTML-II List, Tables and Forms Ls. 12 XML-extensible Markup Language	
August	Ls. 13 MySQL Revision Tour Ls. 14 Database Transactions Ls. 15 More on SQL	
September	Ls. 16 Tables and Integrity Constraints Ls. 17 IT Applications	Half Yearly:- 17.09.2018 TO 27.09.2018
October	Revision	
November	Revision	Post Mid-Term:- 26.11.2018 TO 30.11.2018
December	Pre- Board 2	Pre Board 1:- 17.12.2018 TO 21.12.2018 (full Portion)
January	Pre- Board 3	Pre Board 2:- 25.01.2019 TO 31.01.2019 (full Portion)
February	Final Board Papers	



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Yearly Syllabus for the year 2018-19
Grade XII Physical Education

MONTH	TOPIC	EXAM DATE
MARCH	<p><u>UNIT-- I Planning in Sports</u></p> <ul style="list-style-type: none"> * Meaning and Objectives of Planning. * Various Committees & Responsibilities (pre,during&post) * Tournament –Knock-out, League or Round Robin& combination. * Procedure of Draw Fixtures – Knock- Out& League. * Intramural & Extramural- Meaning, Objectives &Its Significance. 	
APRIL	<p>*Specific Sports Programme (Sports Day, Health Run, Run For Fun)</p> <p><u>UNIT—II SPORTS & NUTRITION</u></p> <ul style="list-style-type: none"> *Balanced Diet &Nutrition: Macro& Micro Nutrients. * Nutritive & Non Nutritive Components of Diet. * Eating for Weight Control- A Healthy Weight, *Food supplement for children. 	
MAY & JUNE	<p><u>UNIT—III Yoga & Lifestyle</u></p> <ul style="list-style-type: none"> * Asanas as preventive measures *Obesity: Procedure ,Benefits & contribution for Vajrasana ,Hastasana, Trikonasana, Ardh Matsyendrasana . *Diabetes : Procedure, Benefits & contraindications for Bhujangasana ,Paschimottasana , Pavan Muktasana. *Asthma: ; Procedure ,Benefits & contribution for Sukhasana, Chakrasana, Gomukhasana , Bhujangasana ,Paschimottasana. *Back Pain : Tadasana, Ardh Matsyendrasana , Vakrasana, Shalabhasana, Bhujangasana. 	25-06-2018 TO 29-06-2018 PRE-MID TERM
JULY	<p><u>UNIT--- IV Physical Education & Sports for Different-Abled:</u></p> <ul style="list-style-type: none"> *Concept of Disability & Disorder. * Types of Disability, Its cause & nature (cognitive ,intellectual, Physical disability) , * Disability Etiquettes, *Types of Disorder, Its cause & nature (ADHS, SPD,ASD,ODD,OCD) * Advantages of Physical Activities for children with special need. *Strategies to make Physical Activities assessable for children with special need. 	
AUGUST	<p><u>UNIT—V Children & SPORTS</u></p> <ul style="list-style-type: none"> * Motor development and factors affecting it. * Exercise Guidelines at different stages of growth &Development. * Advantages &disadvantages of weight training. * Concept & advantages of correct Posture, Cause of bad Posture. * Common Postural Deformities-Knock Knee, Flat Foot, Round Shoulders, Lordosis, Kyhosis, Bow legs and Scolioses. * Corrective Measures for Deformities. 	
SEPTEMBER	<p><u>UNIT – VI WOMEN & SPORTS</u></p> <ul style="list-style-type: none"> * Sports participation of women in India. * Special consideration (Menarch& Menstrual Disfunction). 	19-09-2018 TO 27-09-2018

	<ul style="list-style-type: none"> * Female Athletes Traid (Oestoperosis ,Amenoria, Eating Disorder) * Psychological aspect of women athlete. * Sociological aspect of Sports participation. 	HALF -- YEARLY
OCTOBER	<p><u>UNIT--- VII TEST & MEASUREMENT IN SPORTS</u></p> <ul style="list-style-type: none"> *Computation of flat Percentage-Slaughter- Lohman—Formula; *Measurement of Muscular Strength—Kraus Weber Test. * Motor Fitness Test--- AAPHER, General Motor Fitness, * Measurement of Cardio Vascular Fitness, Harvard Step Test. *Computation of Fitness Index: Duration of Exercise in Sec X 100. *Rikli & Jones—Senior Citizen Fitness Test. 	
NOVEMBER	<p><u>UNIT—VIII Physiology & Sports</u></p> <ul style="list-style-type: none"> * Gender difference in physical & physiological parameters. *Physiological factor determining component of Physical Fitness. *Effect of exercise on Cardio Vascular System. * Effect of exercise on Respiratory System. * Effect of exercise on Muscular System * Physiological changes due to ageing. *Role of physical activity maintaining functional fitness in aged population. 	26-11-2019 TO 30-11-2018 POST- MID TERM
DECEMBER	<p><u>UNIT—IX Sports Medicine</u></p> <ul style="list-style-type: none"> * Concept, Aims & Scope of Sports Medicine. *Sports injuries: Classification, Cause & Prevention. * First Aid – Aims & Objectives. * Management of injuries : Soft Tissue Injuries: * Bone & Joint Injuries: (Dislocation, Fractures, Stress Fracture). 	17-12-2018 TO 21-12-2018 PRE- BOARD I
JANUARY	<p><u>UNIT—X Kinesiology, Biomechanics & Sports</u></p> <ul style="list-style-type: none"> *Projectile & factors affecting Projectile Trajectory. * Newton’s Law of Motion& Its application in Sports. * Aerodynamics Principles, *Friction & Sports. * Introduction to Axes & Planes *Types of Movements (Flexion,Extension,Abduction&Adduction) *Major Muscles involved in Running,Throwing&Jumping. 	25-01-2019 TO 31-01-2019 PRE- BOARD II
FEBRUARY	<p><u>UNIT ---XI Psychology & Sports</u></p> <ul style="list-style-type: none"> *Understanding Strees & Coping Strategies *Personality; its definition & types- Trait & Type, Big Five Theory. *Motivation , its type & techniques, Self Esteem & Body Image. *Psychological benefits of exercise. *Meaning, Concept & Types of Aggressions in Sports. 	
FEBRUARY & MARCH	<p><u>UNIT--- XII Training in Sports</u></p> <ul style="list-style-type: none"> *Strength--- Definition, types & methods of improving Strength. * Endurance- Definition, types & methods to develop Endurance. * Speed—Definition, types & methods to develop Speed. *Flexibility-- Definition, types & methods to develop flexibility. * Coordinative Abilities --- Definition & types. *Circuit Training & High Altitude Training; Introduction& its impact. 	